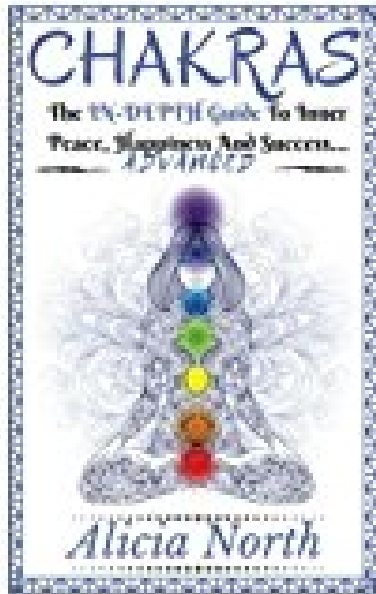


Chakras The In Depth Guide To Inner Peace Happiness and Success... Advanced



BOOK DETAILS

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BOOK SYNOPSIS

In the last few decades, Westerners got more acquainted with the term "Chakra". Chakra is a Sanskrit word means "wheel of light" in English and originated with the Vedic wisdom and teachings of ancient India. As portals between spiritual, emotional and physical planes, chakras offer unparalleled opportunities for healing, transformation, and growth. Chakras are the prime energy centers believed to exist in every man and woman. When they become imbalanced, you may feel confused, out of control, have difficulty expressing your feelings and deprive of inner peace and harmony. However, by only activating, cleansing and rebalancing your chakras, you can rapidly recover, and experience a favorable transformation, rejuvenations, growth and development in your life. Keeping your chakras open and balanced is absolutely critical to staying healthy, vibrant and alive. With the help of this book experience how chakra meditation heals you, improve the quality of life and make a great difference in your life. This guide on chakras and meditation will guide you on your holistic personal development journey and covers practical solutions that you can take to develop a new, happier, healthier version of yourself. Restore your optimal spiritual, physical and emotional self with chakra balancing meditation. Anyone interested in learning about restoring inner balance, increased happiness, creativity, experience spiritual healing and balancing through chakra and meditation will enjoy this book.

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