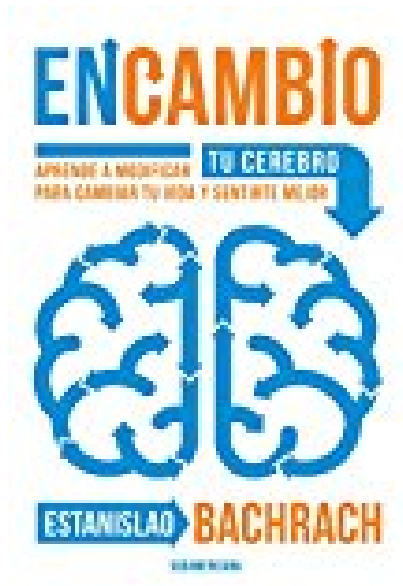


# EnCambio Aprendé a modificar tu cerebro para cambiar tu vida y sentirte mejor Spanish Edition

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## BOOK DETAILS

- Author : Estanislao Bachrach
- Pages : 244 Pages
- Publisher : SUDAMERICANA
- Language : Spanish
- ISBN :

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## **BOOK SYNOPSIS**

EnCambio te va a permitir alumbrar los procesos por los cuales te comportás de determinada manera con el fin de dejar atrás aquellos hábitos y conductas que ya no te sirven. El objetivo es que aprendas del potencial que tiene tu cerebro para cambiar y la capacidad que tenés vos para modificarlo.

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