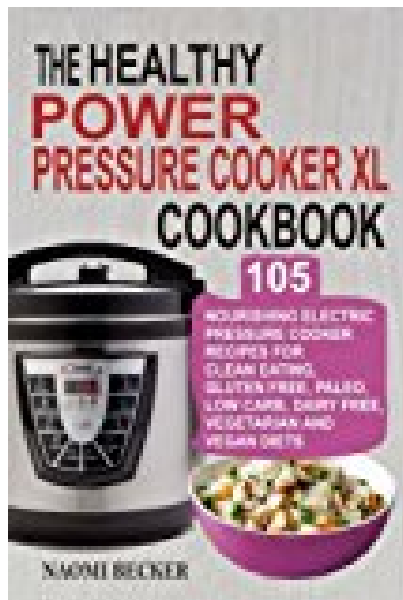


The Healthy Power Pressure Cooker XL Cookbook 105 Nourishing Electric Pressure Cooker Recipes For Clean eating Gluten free Paleo Low carb Dairy free Vegetarian And Vegan Diets



BOOK DETAILS

- Author : Naomi Becker
- Pages : 200 Pages
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- Language : English
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BOOK SYNOPSIS

Healthy Meals Cooked Fast In Your Power Pressure Cooker XL The Power Pressure Cooker XL is a great electric cooker for busy people who want to eat healthy meals. The Healthy Power Pressure Cooker XL Cookbook is a collection of 105 delicious recipes covering a variety of tastes and dietary preferences. These whole food recipes are suitable for Clean eating, Gluten free, Paleo, Low carb, Dairy free, Vegetarian And Vegan Diets. In this book you will find: * Tips for easily using the Power Pressure Cooker XL * How to adapt other electric or stove top pressure cooker recipes * Recipes with easy step by step instructions * Each recipe labeled according to Clean eating, Gluten free, Paleo, Low carb, Dairy free, Vegetarian And Vegan Diets The recipes in this book are conveniently grouped into: BREAKFAST AND BRUNCH/ SOUPS, STEWS, AND CHILIES/ POULTRY MAIN DISHES/ BEEF AND LAMB MAIN DISHES/ PORK MAIN DISHES/ SEAFOOD AND FISH MAIN DISHES/ RICE AND PASTA RECIPES/ VEGETABLE MAIN DISHES/ SIDE DISHES/ DESSERTS Recipes include: Chicken Enchilada Soup, Easy Onion Soup, Lemon And Olive Chicken, BBQ Baby Back Ribs, Wine Braised Pork Loin, Barbecue Pork Spare Ribs, Yummy Fish Chowder, Rice Pilaf With Veggies, Super Easy Refried Beans, Orange And Cauliflower Salad And more!

THE HEALTHY POWER PRESSURE COOKER XL COOKBOOK 105

NOURISHING ELECTRIC PRESSURE COOKER RECIPES FOR CLEAN EATING GLUTEN FREE PALEO LOW CARB DAIRY FREE VEGETARIAN AND VEGAN DIETS

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